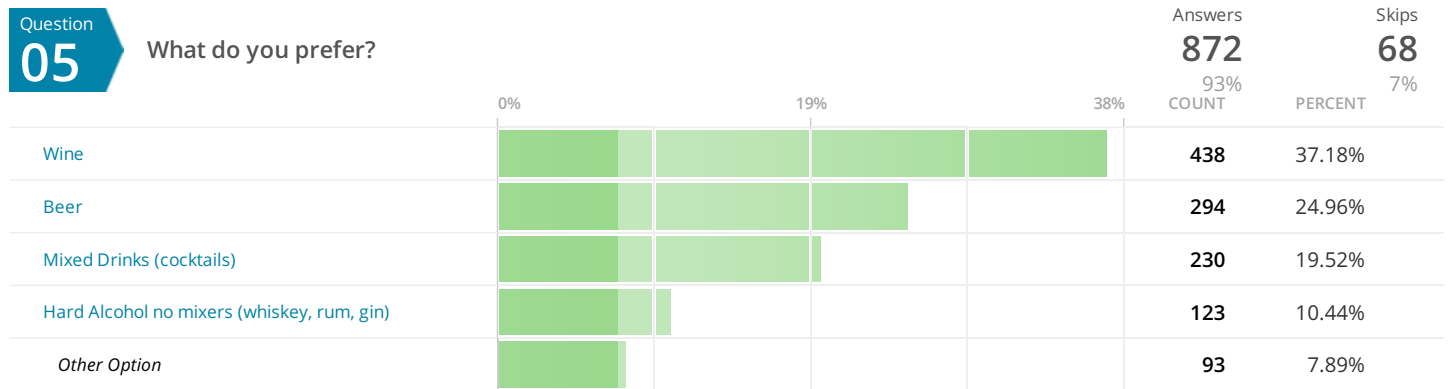























Result Details













































Other Responses


















Answers
93

	none	Thursday, Aug 18th 11:33AM
160,080,037		
	Juice coffee or tea	Thursday, Aug 18th 2:47AM
160,056,774		
	Gluten free, of course.	Wednesday, Aug 17th 7:38PM
160,044,776		
	None of the above.	Wednesday, Aug 17th 4:02PM
160,038,390		
	Cider	Wednesday, Aug 17th 11:50AM
160,027,964		
	Appetizer or Grapetizer NO alcohol since 2012	Wednesday, Aug 17th 2:45AM
160,001,064		
	Tequila	Wednesday, Aug 17th 1:03AM
159,998,223		
	Non from above	Tuesday, Aug 16th 10:49PM
159,994,456		
	NA	Tuesday, Aug 16th 1:36PM
159,963,348		
	whisky	Tuesday, Aug 16th 1:01PM
159,961,368		
	Vodka and coke but I only drink Smirnoff	Tuesday, Aug 16th 1:01PM
159,961,022		
	MOONSHINE CORN BASED.	Tuesday, Aug 16th 11:21AM
159,953,244		
	Winw	Tuesday, Aug 16th 7:54AM
159,942,562		

 159,940,664	none	Tuesday, Aug 16th 7:21AM
 159,938,301	Only have soda with lemon or lime.	Tuesday, Aug 16th 6:42AM
 159,937,641	Tequila, controu	Tuesday, Aug 16th 6:28AM
 159,934,765	Cider	Tuesday, Aug 16th 5:31AM
 159,932,597	Cider	Tuesday, Aug 16th 4:32AM
 159,931,093	Courvesoir Brandy (no mixer)	Tuesday, Aug 16th 3:52AM
 159,927,816	Vodka lime and soda	Tuesday, Aug 16th 2:13AM
 159,927,327	None	Tuesday, Aug 16th 1:54AM
 159,925,731	Cider	Tuesday, Aug 16th 12:41AM
 159,925,635	Cider	Tuesday, Aug 16th 12:39AM
 159,924,908	do not drink	Tuesday, Aug 16th 12:04AM
 159,923,740	margarita once a year	Monday, Aug 15th 11:14PM
 159,923,294	Vodka or lager	Monday, Aug 15th 11:06PM
 159,922,912	no alcohol	Monday, Aug 15th 10:56PM
 159,921,808	Gin	Monday, Aug 15th 10:06PM
 159,920,422	Vodka lemonade	Monday, Aug 15th 9:24PM
 159,918,558	Cider	Monday, Aug 15th 8:11PM
 159,916,576	Water, seltzer, tea	Monday, Aug 15th 7:21PM
 159,913,519	shirley temple :)	Monday, Aug 15th 5:49PM
 159,913,144	Prefer vodka, but gave it up!	Monday, Aug 15th 5:35PM
 159,912,927	Vodka lime and soda	Monday, Aug 15th 5:29PM

 159,910,679	Non of the above	Monday, Aug 15th 4:37PM
 159,910,613	Vodka and sprite	Monday, Aug 15th 4:41PM
 159,910,431	GURLY DRINKS WITH UMBRELLAS!!!	Monday, Aug 15th 4:36PM
 159,910,280	gluten free vodka (potato) and white wine only	Monday, Aug 15th 4:32PM
 159,909,132	Vodka with mixer	Monday, Aug 15th 4:02PM
 159,908,839	Prosecco vodka or gin with a mixer	Monday, Aug 15th 3:51PM
 159,908,596	Colorado Bulldog	Monday, Aug 15th 3:46PM
 159,908,569	water	Monday, Aug 15th 3:45PM
 159,908,456	Sparkling wine, champagne or hard cider	Monday, Aug 15th 3:35PM
 159,908,213	brandy	Monday, Aug 15th 3:37PM
 159,908,062	none	Monday, Aug 15th 3:07PM
 159,907,455	whisky and diet coke	Monday, Aug 15th 3:16PM
 159,907,226	whisky and coke	Monday, Aug 15th 3:11PM
 159,905,585	Beer & wine	Monday, Aug 15th 2:31PM
 159,905,418	with a voska or two as nightcaps	Monday, Aug 15th 2:01PM
 159,905,066	Hard cider	Monday, Aug 15th 2:25PM
 159,904,642	Cava, prosecco	Monday, Aug 15th 2:10PM
 159,904,474	If I go out I might have a Margarita or a Mojito.	Monday, Aug 15th 1:35PM
 159,904,353	Don't drink	Monday, Aug 15th 2:09PM
 159,904,270	Ciders, dry wine, pre mixed drinks, again dryer or watered down	Monday, Aug 15th 2:04PM
 159,903,831	Gin&Tonic	Monday, Aug 15th 1:57PM



 159,903,520	Cider too gassy at the moment.	Monday, Aug 15th 1:50PM
 159,902,853	Cider	Monday, Aug 15th 1:38PM
 159,902,539	Cider	Monday, Aug 15th 1:31PM
 159,902,486	soda or tea	Monday, Aug 15th 1:31PM
 159,902,345	vodka on the rocks	Monday, Aug 15th 1:28PM
 159,902,295	Clear alcohols	Monday, Aug 15th 12:07PM
 159,901,842	Hard cider	Monday, Aug 15th 1:18PM
 159,901,614	soda	Monday, Aug 15th 1:18PM
 159,900,842	Hard cider	Monday, Aug 15th 1:00PM
 159,900,788	Cider	Monday, Aug 15th 1:02PM
 159,900,484	I treat myself to a shot of malibu in choc milk or pinacallada style smoothie	Monday, Aug 15th 12:50PM
 159,900,334	1/2 oz rum, and orange juice.	Monday, Aug 15th 12:53PM
 159,900,303	Gin and tonic	Monday, Aug 15th 12:51PM
 159,900,213	Hard cider	Monday, Aug 15th 12:48PM
 159,900,211	Hard cider	Monday, Aug 15th 12:48PM
 159,900,186	Aloe Vera juice	Monday, Aug 15th 12:36PM
 159,900,076	no alcohol at all	Monday, Aug 15th 12:44PM
 159,899,824	N/a	Monday, Aug 15th 12:43PM
 159,899,808	None	Monday, Aug 15th 12:42PM
 159,899,424	I drink dry martini	Monday, Aug 15th 12:28PM
 159,899,329	Cider	Monday, Aug 15th 12:26PM

 159,899,151	Ciders	Monday, Aug 15th 12:30PM
 159,899,051	None	Monday, Aug 15th 12:28PM
 159,898,926	Téquila straight	Monday, Aug 15th 12:16PM
 159,898,697	None	Monday, Aug 15th 12:19PM
 159,898,582	Irish stout	Monday, Aug 15th 12:15PM
 159,898,499	Frozen drinks	Monday, Aug 15th 12:14PM
 159,898,461	Sake	Monday, Aug 15th 12:17PM
 159,898,373	Vodka	Monday, Aug 15th 12:08PM
 159,898,287	Vodka with juices	Monday, Aug 15th 12:11PM
 159,898,227	none	Monday, Aug 15th 12:09PM
 159,898,127	Hard Cider	Monday, Aug 15th 12:10PM
 159,897,898	Wine or mixed drink	Monday, Aug 15th 12:06PM
 159,886,564	Cider	Monday, Aug 15th 8:51AM
 159,879,580	Blackberry brandy	Monday, Aug 15th 6:28AM
 159,874,044	None	Monday, Aug 15th 3:44AM
 159,872,788	None	Monday, Aug 15th 2:51AM
 159,872,180	none	Monday, Aug 15th 2:35AM





















Any helpful comments you'd like to share...





















Comments




















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 160,130,310	Hard Alcohol hurts me more than beer . But, I can't hardly drink beer. My throat does not work well.	Friday, Aug 19th 11:34AM
 160,101,175	Stay away from sugar drinks	Thursday, Aug 18th 8:39PM





















Thursday, Aug 18th





















 160,097,144	love all drinks but find beer is less bothersome then others	8:03AM
 160,095,324	Rum and Pepsi or vodka and cranberry juice.	Thursday, Aug 18th 4:54PM
 160,058,584	I prefer hard alcohol, mainly whisky, and when dining out I usually opt for beer to accompany the meal, after starting off with a gin & tonic.	Thursday, Aug 18th 3:52AM
 160,058,112	I don't find that one type of alcohol is fine and one isn't. They all typically affect me the same, though my stomach does feel worse if it's a very sugary drink.	Thursday, Aug 18th 3:34AM
 160,046,608	If I drink wine with lower sugar content I feel better.	Wednesday, Aug 17th 8:20PM
 160,027,907	I'm having Tito's and water with lemon. Normally I'd have club soda as a mixer - I'm curious to see if other people are fine with it. But I've just been using water thinking it's safer. I haven't re-introduced wine since being diagnosed, but I want to try it at some point.	Wednesday, Aug 17th 11:48AM
 160,009,661	Beer is social	Wednesday, Aug 17th 6:34AM
 160,003,559	I drink when the u.c. is under control of course not during a flare up	Wednesday, Aug 17th 3:46AM
 159,998,223	Least negative effects with straight tequila	Wednesday, Aug 17th 1:03AM
 159,997,631	I feel like red wine i ok when i am not drinking more than 1 glas. Sometimes I even think that it makes me feel better.	Wednesday, Aug 17th 12:40AM
 159,994,456	Say no to alcohol	Tuesday, Aug 16th 10:49PM
 159,989,617	I think with ulcerative colitis it is important to stay hydrated. I always have a glass of water before bed and when I wake and have been doing well. I also switched to decaf coffee and noticed I do better.	Tuesday, Aug 16th 8:22PM
 159,988,983	Beer causes more issues than a cocktail.	Tuesday, Aug 16th 8:37PM
 159,988,267	I used to enjoy beer but I know how harmful it is. So I stay away. White dry wine seems to be ok with the SCD diet	Tuesday, Aug 16th 8:29PM
 159,986,433	Beer and Whiskey when I did drink.	Tuesday, Aug 16th 7:52PM
 159,981,448	I prefer wine but due to the high sugar content, I go with beer or scotch. For awhile, I tried the SCD which is why I avoid sugar. SCD didn't do much for me.	Tuesday, Aug 16th 6:46PM
 159,975,991	Drink Water, apple cider (50%water+50% cider)	Tuesday, Aug 16th 4:56PM
 159,975,208	Sometimes a gin and tonic	Tuesday, Aug 16th 4:43PM
 159,969,309	I am pretty sure red wine is bad for the stomach.	Tuesday, Aug 16th 3:04PM
 159,961,368	good whiskey during remission seems do not cause after effect.	Tuesday, Aug 16th 1:01PM





















 159,959,997	With beer it is good to eat some food,dont drink on an empty stomach	Tuesday, Aug 16th 12:42PM
 159,953,006	While I enjoy various alcoholic beverages, I drink wine most of the time, followed by beer, and finally mixed drinks/liquor making up the least of my consumption.	Tuesday, Aug 16th 11:06AM
 159,951,193	Alcohol may affect your symptoms but it is actually probably something else. Secondary metabolites from fermentation in beer and wine are usually the culprit. The compounds that enter the whiskey during the aging process are similar. Clear distilled spirits don't have these and are best. If you have problems try clear distilled spirits and if you still do then it's probably the alcohol.	Tuesday, Aug 16th 10:42AM
 159,942,562	Better to drink branded drink than local manufacturer drink because in local drink there is volume of spirit is more .	Tuesday, Aug 16th 7:54AM
 159,942,084	Cannot tolerate hard alcohol at all. Nausea for days after just one shot.	Tuesday, Aug 16th 8:05AM
 159,940,664	I'm writing on my behalf,maybe my experience is not what others had experienced,and my doctors also told me not to drink alcohol before I experienced what I mentioned above.	Tuesday, Aug 16th 7:21AM
 159,937,641	Mixers cause some ibd symptoms and dark spirit find same.	Tuesday, Aug 16th 6:28AM
 159,930,983	I have an occasional margarita, but mostly I have a glass of wine when we dine at a restaurant.	Tuesday, Aug 16th 3:52AM
 159,930,504	keep well away.	Tuesday, Aug 16th 3:36AM
 159,930,230	I think Vodka would maybe be best, but always end up having a beer!	Tuesday, Aug 16th 3:23AM
 159,929,914	Only drink rose as i suffer with allergies and white wine makes my throat itch and eyes and nose run.	Tuesday, Aug 16th 3:20AM
 159,928,502	Depending on the mood but love sour drinks hence gin is one of my go to drinks	Tuesday, Aug 16th 2:34AM
 159,927,816	The above seems the least harmful for me	Tuesday, Aug 16th 2:13AM
 159,926,818	beer, good Wine (not cheap), and hard alcohol doesnt seem to afect much. But carbonated water and coca cola seem to make some acidic effect on stomach.	Tuesday, Aug 16th 1:18AM
 159,926,640	I think beer effects my colitis more	Tuesday, Aug 16th 1:25AM
 159,926,053	My Dr said beer is bad and whisky would be better to drink. Both are pretty bad.	Tuesday, Aug 16th 12:58AM
 159,925,424	Can only drink red wine and cider because spirits cause flare	Tuesday, Aug 16th 12:29AM
 159,925,418	Vodka seems to have little affect on UC	Tuesday, Aug 16th 12:26AM
 159,925,163	Used to drink beer. Not SCD legal.	Tuesday, Aug 16th 12:15AM
 159,923,563	Only alcohol that I consume	Monday, Aug 15th 11:12PM





















 159,922,912	i do not consume any alcohol products as i really hate alcohol products.	Monday, Aug 15th 10:56PM
 159,922,126	Some lite beers don't make me flare... Corona is best	Monday, Aug 15th 10:24PM
 159,921,808	Dose alcohol contribute to UC, I think so.	Monday, Aug 15th 10:06PM
 159,921,177	Sometimes shots	Monday, Aug 15th 9:50PM
 159,921,054	Used to drink beer before diagnosis. Not able to now other than Michelle Ultra, so no.	Monday, Aug 15th 9:44PM
 159,920,369	I enjoy a beer now and then when not flaring but it has to be gluten free. On rare occasions, I may have a mixed drink and if I catch a cold and am not flaring, I like to have a couple hot toddies with whiskey.	Monday, Aug 15th 9:12PM
 159,919,911	Beer makes me blosted	Monday, Aug 15th 9:01PM
 159,918,774	I prefer wine but head for beer it at all symptomatic	Monday, Aug 15th 8:34PM
 159,917,783	coolers, flavored beer or maybe frozen drinks	Monday, Aug 15th 8:03PM
 159,917,260	Wine is good I also like a martini once every 6 months	Monday, Aug 15th 7:37PM
 159,917,172	I am basically a Beer drinker and Mixed Drinks until I was diagnosed with UC. Then I stop all Alcohol for three years. Now I only drink whiskey with club soda and honey.	Monday, Aug 15th 7:27PM
 159,916,968	Dry wine seems to be better for me than sweet.	Monday, Aug 15th 7:31PM
 159,916,705	When I drank, was beer	Monday, Aug 15th 7:25PM
 159,915,805	Beer in the summer, wine in the winter or special occasions. Also add wine into cooking sometimes.	Monday, Aug 15th 6:56PM
 159,914,753	SCD compliant dey wine	Monday, Aug 15th 6:24PM
 159,914,600	While I prefer wine, I find I cannot have more than 2.	Monday, Aug 15th 6:20PM
 159,914,481	As below Q. I would say Yes if under flares . For me , have to take quite awhile for remission . In between this time I have to be patient not to touch alcohol and careful in food . Of course , together with medication to help me back to remission. I am good now . Still continue my Prograf with an appropriate dose and monthly check up .	Monday, Aug 15th 5:59PM
 159,913,804	I use a shot or two of Peppermint Schnapps to get to sleep when I can't sleep which isn't too often. I was interested in that new peppermint oil OTC IBS medicine and wonder if the Peppermint Schnapps might even be helpful LOL!	Monday, Aug 15th 5:55PM
 159,913,691	Have a difficult time with wine, gives me a headache. Always has.	Monday, Aug 15th 5:37PM








 159,912,927	I've had UC for 16 years I used to drink alcohol quite a bit. The last 5 years I can't drink any alcohol without pain, cramping and diarrhoea that lasts for days sometimes weeks :-/	Monday, Aug 15th 5:29PM
 159,912,883	Can't drink beer at all just one makes me ill	Monday, Aug 15th 5:27PM
 159,912,790	Wwine has dosent have an effect on my stomach neither do i wamma throw up either	Monday, Aug 15th 5:28PM
 159,912,718	I don't drink	Monday, Aug 15th 5:29PM
 159,912,489	I prefer Vodka Cranberry/Grapefruit but have to watch the acidic drinks. I usually stick with chardonnay just to be careful and not upset my UC the next day.	Monday, Aug 15th 5:24PM
 159,912,361	I mostly prefer beer with an occasional shot of bourbon.	Monday, Aug 15th 5:14PM
 159,912,221	Vodka with seltzer or water	Monday, Aug 15th 5:21PM
 159,911,497	Grain alcohol is hard on the body. And I'm learning that too much sugar isn't a good thing either.	Monday, Aug 15th 4:58PM
 159,911,461	Beer seems to be okay	Monday, Aug 15th 4:52PM
 159,911,438	Red wine only.	Monday, Aug 15th 5:05PM
 159,910,466	Moderation	Monday, Aug 15th 4:36PM
 159,910,431	I don't normally drink alcohol, but when I do, it must sparkle and be full of sugar!	Monday, Aug 15th 4:36PM
 159,910,297	gluten free is easiest on my system	Monday, Aug 15th 4:33PM
 159,910,280	if i mix drinks or drink anything with carbon then it seems to affect my colitis more. I also have issues with red wine, not sure why	Monday, Aug 15th 4:32PM
 159,910,239	Clear alcohol seems to have a more positive outcome with my UC	Monday, Aug 15th 4:33PM
 159,909,924	White, cider	Monday, Aug 15th 4:24PM
 159,909,829	Beer and wine are not permissible on the SCD diet.	Monday, Aug 15th 4:21PM
 159,909,638	I've learned that dry red wine NOT WHITE is much better for my colitis symptoms.	Monday, Aug 15th 4:16PM
 159,909,626	I think beer upsets me more but wine is basically the same	Monday, Aug 15th 4:14PM
 159,909,485	Wine seems to affect me most, cocktails less. Beer not so much.	Monday, Aug 15th 4:10PM
 159,909,197	I prefer wine but gin seems to be kinder(with tonic)	Monday, Aug 15th 3:59PM

159,909,026	 Red wine, Top shelf vodka (eg grey goose) and Brazilian rum is all I drink (with occasional cocktail here and there).	Monday, Aug 15th 3:46PM
159,908,839	 I don't drink much as I find it makes me feel ill, naseaus	Monday, Aug 15th 3:51PM
159,908,548	 Beer is really bad for me, I like to drink wine but Vodka is better tolerated	Monday, Aug 15th 2:54PM
159,908,456	 I have not had any reactions to sparkling wines like Proseco.	Monday, Aug 15th 3:35PM
159,907,730	 Malt whisky is much better for me than blended whisky.. X4 glasses of 5 cl I would feel hungover and dodgey in my tummy with blended but feel OK with malt.	Monday, Aug 15th 3:11PM
15	 Less sugar is best	Monday, Aug 15th 3:04PM
10	 Never drank hard alcohol or mixed drinks	Monday, Aug 15th 2:53PM
159,906,678		
159,906,510	 Beer made me feel the worse. I still take a sip of wine when it is time for communion, but otherwise avoid just in case.	Monday, Aug 15th 2:49PM
159,906,462	 I preferred beer before, but I don't drink even an once anymore since my UC. Beer makes it much worse.	Monday, Aug 15th 2:50PM
159,905,837	 I'm on a flare now, a really bad one. For the pass year just got my first Enthyvio today. Being months without drinking a beer. Dying to drink anything but cannot afford to get worsed now.	Monday, Aug 15th 2:05PM
159,905,587	 I dont drink anymore though	Monday, Aug 15th 2:36PM
159,905,585	 I like them	Monday, Aug 15th 2:31PM
159,905,567	 Usually light beer. IPA gives me the runs.	Monday, Aug 15th 2:27PM
159,905,418	 Get used to not having what you were accustomed to the sooner you do the better it will taste.....	Monday, Aug 15th 2:01PM
159,904,819	 dry wines are best.	Monday, Aug 15th 1:57PM
159,904,704	 Good vodka and red wine affect me the least. Lesser of the evils.	Monday, Aug 15th 2:16PM
159,904,642	 Most of the time I ll have only An 'aperitif', no wine with meals.	Monday, Aug 15th 2:10PM
159,904,601	 Used to enjoy an occasional vodka on the rocks.	Monday, Aug 15th 2:09PM
159,904,600	 When I was drinking	Monday, Aug 15th 2:12PM
159,904,412	 Sometimes vodka and organic orange juice not from concentrate and have recently been drinking some of the gluten free organic hard ciders with ingredients in my parameters. If too much sweet I'm running to the bathroom!	Monday, Aug 15th 1:57PM
		Monday, Aug 15th

	Mixed drinks meaning fresh lime juice, or soda water... Not cranberry juice, etc.	2:01PM
159,904,332	I prefer beer made with the German purity law (Reinheitsgebot). It has only four ingredients. Water, Malt, Yeast and Hops. Helles (Munich) Lager is light and well balanced between malt and hops flavors. My favorite is Hofbrauhaus Original. It is the same beer served in the beer halls of Munich. Lower in alcohol than some beers (5%) I find it very drinkable and it doesn't seem to annoy my UC other than average beer bloat. I am lucky enough to have it on tap in my home beer garden!	Monday, Aug 15th 1:35PM
		
159,904,158		
	Red wine	Monday, Aug 15th 2:04PM
159,904,083		
	I enjoy wine but not in excess	Monday, Aug 15th 1:42PM
159,903,689		
	White wine seems less harsh than red on my digestive system	Monday, Aug 15th 1:50PM
159,903,642		
	Just can't do it anymore!	Monday, Aug 15th 1:48PM
159,903,483		
	I do like wine, and I also like a couple of gluten free liquors (Titos, Patron)	Monday, Aug 15th 1:35PM
159,903,152		
	Tennents lager and guinness as it contains Iron	Monday, Aug 15th 1:32PM
159,902,719		
	Try to drink a lot of water	Monday, Aug 15th 1:21PM
159,902,382		
	Dry wine does not seem to have any affect on my UC.	Monday, Aug 15th 1:26PM
159,902,267		
	jack and diets, whisky on rocks, ipa beer or coors light	Monday, Aug 15th 1:18PM
159,902,019		
	I prefer beer and have found a gluten free beer that is not bad. Do like hard cider too.	Monday, Aug 15th 1:18PM
159,901,842		
	Gin and tonic. Wine has a very bad effect and I'm gluten intolerant so no beer.	Monday, Aug 15th 1:19PM
159,901,841		
	I like vodka the best, seem to handle that better than anything else. With fresh lemon or lime juice.	Monday, Aug 15th 1:08PM
159,901,552		
	Depends on mood	Monday, Aug 15th 1:05PM
159,900,999		
	I don't have gluten or sugar. Therefore no beer or mixed drinks. Wine seems to be the only thing I can tolerate.	Monday, Aug 15th 12:59PM
159,900,954		
	Potato vodka and lemonade is the only thing that I can have.	Monday, Aug 15th 1:06PM
159,900,941		
	beer, seems to be they only thing I can identify that makes me gassy, no other symptoms	Monday, Aug 15th 1:04PM
159,900,939		
	The wine has to be a super dry white wine. Fruit juice mixers are a no go I can get away with having a few gin and tonics	Monday, Aug 15th 12:57PM
159,900,744		
	as above	Monday, Aug 15th 12:50PM

159,900,740			12:39PM
159,900,685		At the moment I have been trying Cider	Monday, Aug 15th 12:55PM
159,900,592		I know how wine effects me, so I stick with wine.	Monday, Aug 15th 12:54PM
159,900,581		Wine affects me more than a clear spirit such as gin.	Monday, Aug 15th 12:50PM
159,900,213		Dry hard cider with no sugar added seems ok also club soda and vodka with lemon	Monday, Aug 15th 12:48PM
159,900,211		Dry hard cider with no sugar added seems ok also club soda and vodka with lemon	Monday, Aug 15th 12:48PM
159,900,192		My tastes change, but it has been so long since I had a drink I don't know if my preference would still be beer.	Monday, Aug 15th 12:40PM
159,900,082		Shaken not stirred	Monday, Aug 15th 12:33PM
159,900,061		If my belly is hurting, sometimes I will drink a glass of red wine and it actually helps settle my belly. Clear drinks are the easiest on me. I prefer vodka and clear soda.	Monday, Aug 15th 12:41PM
159,899,777		I like them all	Monday, Aug 15th 12:43PM
159,899,741		I stick to no added sulfites, organic red wine.	Monday, Aug 15th 12:41PM
159,899,728		Used to live beer but no longer. Colon gets much too spastic.	Monday, Aug 15th 12:39PM
159,899,701		Vodka seems to have the least damaging effects. Maybe the least sulfites ?	Monday, Aug 15th 12:35PM
159,899,583		Ok with gin and tonic - no issues white wine ok but red wine an issue	Monday, Aug 15th 12:37PM
159,899,535		When I was drinking I drank beer and had awful UC attacks / watery stools since stopping drinking my UC is definitely more manageable.	Monday, Aug 15th 12:31PM
159,899,424		I drink this as it is the one that dosent effect me too much. I would not be able to drink hard alcohol as it would make me ill.	Monday, Aug 15th 12:28PM
159,899,329		Seems to help with the colitis.	Monday, Aug 15th 12:26PM
159,899,325		I am more of a wine drinker, but like cocktails too.	Monday, Aug 15th 12:28PM
159,899,124		I drink a half glass of wine with dinner (to replace soft drinks with artificial sweetener). I tend to drink beer socially, though will sometimes drink gin and tonic (particularly in summer).	Monday, Aug 15th 12:30PM
159,899,116		I like Bourbon on a couple ice cubes. But that's hard on the system. So I mix with homemade lemonade. Lemonade is lemon, honey, and water.	Monday, Aug 15th 12:26PM
		Light beer	Monday, Aug 15th 12:12PM

159,899,083			
	Liked beer, but it sure didn't like me.	Monday, Aug 15th 12:24PM	
159,898,969			
	I understand téquila has less sugar than other alcohols	Monday, Aug 15th 12:16PM	
159,898,926			
	Gluten free so Beer is out	Monday, Aug 15th 12:23PM	
15		11	
	Mixed drinks like gin and tonic, mojito and Pimms. A little Guinness is ok too.	Monday, Aug 15th 12:16PM	
159,898,755			
	Drinks with tequila seem okay. I can't drink any other hard alcohol	Monday, Aug 15th 12:17PM	
159,898,607			
	Strong German beers tend to cause stomach cramps the next day.	Monday, Aug 15th 12:14PM	
159,898,468			
	I find that wine seems to be the safest bet and doesn't give me any stomach problems when I'm in remission. Beer can cause bloating and sometimes darker beers make my bowel looser. But drinking a couple of light beers in an evening seems to be fine for me.	Monday, Aug 15th 12:06PM	
159,898,383	I never have really sweet mixed drinks. I don't enjoy them and there is already enough sugar in alcohol. Those of us with UC need to be careful about our sugar intake (especially overly refined sugar) so I'd rather just stick to beer and wine.		
	I tolerate wine much better than hard liquor.	Monday, Aug 15th 12:12PM	
159,898,358			
	i gave up the caffein and carbs, that seem to help. not sure why. coffe, tea, cokes. caffein free!	Monday, Aug 15th 12:09PM	
159,898,314			
	Use red wine more often prefer scotch	Monday, Aug 15th 12:10PM	
159,898,296			
	Sugary drinks or coo it milk drinks affect my uc	Monday, Aug 15th 12:13PM	
159,898,286			
	Avoiding gluten and sugar with alcohol is best for me. Avoiding alcohol all together is the best of the best!	Monday, Aug 15th 12:07PM	
159,898,267			
	Can't drink alcohol anymore.	Monday, Aug 15th 12:09PM	
159,898,227			
	Hops in beer affect my UC as does wine fermented in wood	Monday, Aug 15th 12:07PM	
159,898,212			
	Wine and beer give me terrible migraines. Only thing that doesn't give me a headache is rum and coke.	Monday, Aug 15th 12:07PM	
159,898,120			
	Whiskey, cocktails, beer in that order	Monday, Aug 15th 12:06PM	
159,898,039			
	I stopped drinking the moment my cramps returned.	Monday, Aug 15th 12:03PM	
15		37	
	Lager and Bitter (beer) is bad for me. I can manage to drink a few types of ciders that arent too fizzy and dry white wine.	Monday, Aug 15th 8:51AM	
159,886,564			
	Beer has a terrible effect on me and I gave it up years ago.	Monday, Aug 15th 8:19AM	
159,884,540			
	I miss beer.	Monday, Aug 15th -----	

159,882,708			7:50AM
	N/A		Monday, Aug 15th 7:25AM
159,881,780			
	Vodka and cranberry juice seems to be tolerated the best		Monday, Aug 15th 6:03AM
159,878,664			
	I can't drink anything fizzy, it makes the cramps much worse		Monday, Aug 15th 5:27AM
159,877,568			
	Beer and one mixed drink is usually it for me		Monday, Aug 15th 5:06AM
159,876,703			
	I prefer beer or wine when I do drink. Any other alcohol causes a reaction.		Monday, Aug 15th 4:22AM
159,875,156			
	A little easier it was with strong drinks rather vine		Monday, Aug 15th 3:51AM
159,874,270			
	I've only tried white wine during flareup. Red might be better but not willing to try it. It may be too much fiber for a flareup.		Monday, Aug 15th 3:34AM
159,873,891			