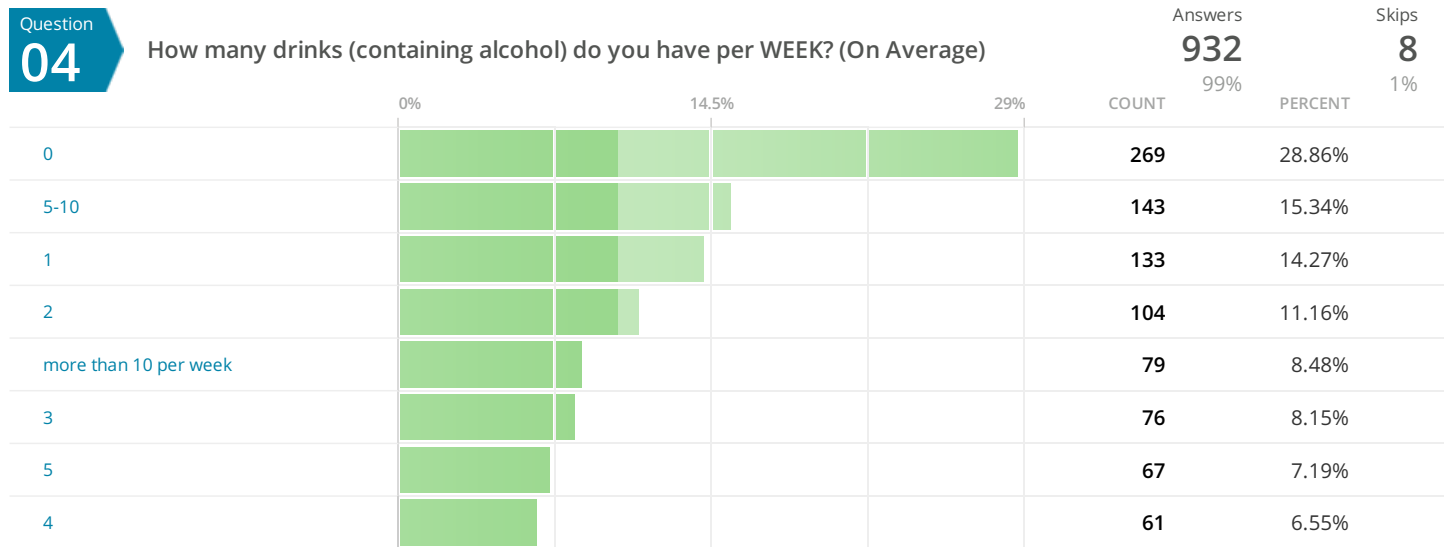


## Result Details



### Please help us understand why you selected this answer

Comments  
**324**

- Just weekends and special occasions.  
160,148,487

Friday, Aug 19th 5:40PM
- More like one drink every four months.  
160,105,779

Friday, Aug 19th 12:54AM
- I drink socially a few times a month, 1-2 drinks each time  
160,101,244

Thursday, Aug 18th 8:30PM
- Rarely drink 3-6 times a year.  
160,101,175

Thursday, Aug 18th 8:39PM
- If I am around home I will have a drink of hard liquor almost daily. I enjoy it. When away from home I seldom drink any liquor.  
160,095,324

Thursday, Aug 18th 4:54PM
- Sometimes I have a glass of wine with dinner, but it is not often, once or twice in a month probably.  
160,094,273

Thursday, Aug 18th 4:28PM
- I have at least one glass of red wine each night, usually 2 or 3 (small glasses).  
160,070,821

Thursday, Aug 18th 8:33AM
- not drinking any more  
160,062,270






















Thursday, Aug 18th 5:30AM
- Because you inserted the word On Average. In Winter I tend to drink a bit more, i.e. hot whiskies. in Summer I pour a good stiff whisky on the rocks and watch TV.  
160,058,584

Thursday, Aug 18th 3:52AM
- I don't drink at all  
160,056,774

Thursday, Aug 18th 2:47AM
- Some weeks I have none, some weeks I drink a beverage 5 nights a week.  
160,051,882

Wednesday, Aug 17th 11:05PM
- Only a few times a month  
160,050,294

Wednesday, Aug 17th 9:56PM

 160,044,776	I have two gluten free beers per day on weekdays, sometimes three per day on weekend's.	Wednesday, Aug 17th 7:38PM
 160,042,652	I only drink when at a casino about every 4 months.	Wednesday, Aug 17th 6:30PM
 160,040,511	Not worth the pain and aggravation!	Wednesday, Aug 17th 5:10PM
 160,038,390	For the reason I gave in question 3.	Wednesday, Aug 17th 4:02PM
 160,037,189	pints of beer in UK	Wednesday, Aug 17th 3:35PM
 160,035,727	a glass of wine per night	Wednesday, Aug 17th 2:23PM
 160,031,057	More lile once a month.	Wednesday, Aug 17th 1:07PM
 160,027,964	On an average week i will have about 8 cans of lager. If an event is on then will have more. Will then drink pints of lager.	Wednesday, Aug 17th 11:50AM
 160,027,907	Not having more than 1-2 drinks per week. Some weeks, it's zero. Still trying to figure out how it's effecting me.	Wednesday, Aug 17th 11:48AM
 160,013,419	I don't necessarily drink weekly but I do have weeks where I'll have a couple or go out and drink socially.	Wednesday, Aug 17th 7:52AM
 160,011,570	Only now and then	Wednesday, Aug 17th 7:19AM
 160,009,661	Just a taste is ok	Wednesday, Aug 17th 6:34AM
 160,004,984	Up until a month ago, but since then i have not drank alcohol.	Wednesday, Aug 17th 4:41AM
 160,003,559	I drink 2or3 drinks on average every evening.I don't finish all of them and I use ice in them and keep ice water on the side	Wednesday, Aug 17th 3:46AM
 160,001,064	Same as Q3	Wednesday, Aug 17th 2:45AM
 159,994,805	I drink one glass of red wine 3 or 4 times a weeks at dinner	Tuesday, Aug 16th 11:02PM
 159,994,456	Never experienced	Tuesday, Aug 16th 10:49PM
 159,994,056	Because I believe alcohol negatively affects my UC, I typically only have a few beers per month. When I drink several days in a row, it has lead to flare ups.	Tuesday, Aug 16th 10:33PM
 159,992,974	Usually a glass or 2 of wine on weekends. Every once and while gin and tonic	Tuesday, Aug 16th 10:13PM
 159,989,617	I usually have an average of 3 beers an evening and some days none at all.	Tuesday, Aug 16th 8:22PM
 159,988,883	Socially have a beer or two just to try to keep the normal appearance	Tuesday, Aug 16th 8:37PM

159,988,985



If we go out on the weekend, I have a glass of white wine. That's it

Tuesday, Aug 16th  
8:29PM

159,988,267



Normally on weekend. 2 and 2

Tuesday, Aug 16th  
8:13PM

159,987,381



Since being diagnosed in Nov 14. I rarely drink because the alcohol makes me feel worse. On average I drink 0-2 drinks

Tuesday, Aug 16th  
7:44PM

159,985,610



I rarely drink but not because of the UC. The meds I'm on say 'should avoid alcohol.'

Tuesday, Aug 16th  
6:46PM

159,981,448



I used to drink but stopped last year.

Tuesday, Aug 16th  
6:37PM

159,980,937



I don't drink because I read something that you wrote Adam and you said people with uc shouldn't drink alcohol at all.

Tuesday, Aug 16th  
6:07PM

159,979,574



No alcoholic drinks.

Tuesday, Aug 16th  
4:39PM

159,975,404



i may have a drink or 2 maybe 2 or 3 times a year

Tuesday, Aug 16th  
4:12PM

159,973,287



I drink at least one glass of red 5 nights a week and more likely 2 or 3.

Tuesday, Aug 16th  
4:06PM

159,972,926



Because I have one to three glasses of wine per week and sometimes none at all.

Tuesday, Aug 16th  
2:47PM

159,968,689



I have occasional Wine or Beer with dinner.

Tuesday, Aug 16th  
1:59PM

159,964,883



A glass or 2 of wine every day

Tuesday, Aug 16th  
1:31PM

159,963,221



presently i drink only in parties. some time the frequency is once or twice a week. some weeks no drinks at all.

Tuesday, Aug 16th  
1:01PM

159,961,368



As above

Tuesday, Aug 16th  
1:01PM

159,961,022



On the weekend i might have more than to 10 cans of beer, depending on the occasion

Tuesday, Aug 16th  
12:42PM

159,959,997



Right now zero, and I will never have any again. Before I decided to stop it I would have between 5 to 10 drinks a week.

Tuesday, Aug 16th  
12:27PM

159,958,010



Because I have more than 10

Tuesday, Aug 16th  
12:05PM

159,955,488

2 -3 drinks on Friday and Saturday night

Tuesday, Aug 16th  
11:31AM

15 08



I often drink wine while cooking and with dinner. I also cook with it.

Tuesday, Aug 16th  
11:06AM

159,953,006



I'll have a drink on Fridays, Saturdays, and Sundays.





















Tuesday, Aug 16th  
10:42AM





















159,951,193












































but only one day out of the weak i drink more then 10

Tuesday, Aug 16th  
10:20AM

159,949,674		TU:ZUAM
159,948,534	 Diluted, or small quantity (one small glass)	Tuesday, Aug 16th 10:01AM
159,948,265	 I only drink on occasions, maybe at Christmas or a birthday	Tuesday, Aug 16th 9:56AM
159,947,454	 The truth	Tuesday, Aug 16th 9:42AM
159,947,112	 I really only drink when we are out.	Tuesday, Aug 16th 9:30AM
159,945,827	 Probably two Saturday and one or two Sunday	Tuesday, Aug 16th 9:12AM
159,944,815	 2 glasses of red wine a couple of days a week	Tuesday, Aug 16th 8:55AM
159,943,551	 Couple of glasses of wine a few times a week	Tuesday, Aug 16th 8:33AM
159,942,633	 2 drinks, two days of week	Tuesday, Aug 16th 8:17AM
159,942,562	 Actually i drunk once after 2 week some time one months time of interval is long so that i have no more problem i think so	Tuesday, Aug 16th 7:54AM
159,942,190	 We have a Margarita Wednesday every week. I will usually drink 3 small \$1.99 Margarita's on that night. I said an extra one if we are having a good time! LOL!	Tuesday, Aug 16th 8:04AM
159,942,084	 Rarely exceeded 2 beers a day, if any at all.	Tuesday, Aug 16th 8:05AM
159,941,181	 I only drink on social occasions such as holiday s and weddings.	Tuesday, Aug 16th 7:48AM
159,940,664	 Totally I stopped drink alcohol	Tuesday, Aug 16th 7:21AM
159,940,652	 I'm the stereotypical middle aged woman who has a glass of wine while cooking dinner, and sometimes another with dinner.	Tuesday, Aug 16th 7:38AM
159,940,484	 drink beers in summer	Tuesday, Aug 16th 7:37AM
159,937,641	 Less than one a week but I have a glass now and then.	Tuesday, Aug 16th 6:28AM
159,937,351	 Just occasionally have a glass of wine with dinner. Sometimes 1 sometimes none.	Tuesday, Aug 16th 6:33AM
159,936,970	 I have 2 or 3 drinks every night befor dinner	Tuesday, Aug 16th 6:20AM
159,936,689	 Don't drink alcohol	Tuesday, Aug 16th 6:19AM
159,934,747	 I only have 1 drink per week usually socially on the weekend	Tuesday, Aug 16th 5:31AM

 159,934,147	I have a large glass of red every evening	Tuesday, Aug 16th 5:15AM
 159,931,093	I only drink a little brandy if my stomach is not good as this helps settle it a little bit, especially if travelling home from work or going out and it holds me, until I get home, so I don't have to use the public toilets.	Tuesday, Aug 16th 3:52AM
 159,930,983	I don't drink often because it causes problems with the UC.	Tuesday, Aug 16th 3:52AM
 159,930,692	I enjoy a glass of wine or a G & T most days.	Tuesday, Aug 16th 3:37AM
 159,930,504	I avoid it now.	Tuesday, Aug 16th 3:36AM
 15	I hardly ever drink, maybe occasionally a couple of drinks, special occasion etc) I avoid drinking on several days in succession as I think this doesn't help	Tuesday, Aug 16th 3:26AM
 48 159,930,230	Most weeks none at all, but if I was to go out with mates, I might drink 4 drinks max.	Tuesday, Aug 16th 3:23AM
 159,929,914	Not a drinker	Tuesday, Aug 16th 3:20AM
 159,928,502	I don't drink as much as I used to due to meds I'm on	Tuesday, Aug 16th 2:34AM
 159,928,439	2-3 glasses of wine daily.	Tuesday, Aug 16th 2:34AM
 159,927,816	Probably more like 1 a month	Tuesday, Aug 16th 2:13AM
 159,927,630	I was having the above quantity. 1-2 bottles of wine per week	Tuesday, Aug 16th 2:06AM
 159,926,818	On weekends (going out), i usualy drink up to 4 drinks. And sometimes i drink glass wine after lunch.	Tuesday, Aug 16th 1:18AM
 159,926,055	I may only drink once a month and even sometimes none at all for a couple months	Tuesday, Aug 16th 12:58AM
 159,926,053	Drink on the weekends only, but I have stopped as UC have been getting quite bad lately.	Tuesday, Aug 16th 12:58AM
 159,925,163	If even that.	Tuesday, Aug 16th 12:15AM
 159,923,294	But only go out once a month	Monday, Aug 15th 11:06PM
 159,922,912	I do not consume alcohol.	Monday, Aug 15th 10:56PM
 159,922,281	I usually have a couple of drinks nightly.	Monday, Aug 15th 10:31PM
 159,922,088	Being young and social, drinking is so much a part of my life - I am referring to drinking on the weekends	Monday, Aug 15th 10:20PM





















 159,921,862	Sometimes the symptoms come and go, and I don't know why. He could be food it could be what I'm drinking you could be what I'm doing you could be stress, who knows.	Monday, Aug 15th 10:15PM
 159,921,808	Stop drinking when diagnosed with UC.	Monday, Aug 15th 10:06PM
 159,921,232	I have no more than 10 drinks a year.	Monday, Aug 15th 9:43PM
 159,921,224	Wine while making dinner. Another glass during. Sometimes feel depressed about having UC so more after dinner. I'm on Humira. No side effects at all.	Monday, Aug 15th 9:49PM
 159,920,431	I'll go without for months then I have a glass or two just because. It's just not consistent.	Monday, Aug 15th 9:15PM
 159,920,422	Average 5 a week	Monday, Aug 15th 9:24PM
 159,920,369	I rarely drink alcohol since I've been diagnosed and NEVER drink when I'm flaring. However, if I'm not in a flare and in a situation where I'm with people who are drinking, like during a luncheon or out to dinner, I am able to handle, and enjoy a drink or 3.	Monday, Aug 15th 9:12PM
 159,920,312	I used to drink more, until I had my colon removed.	Monday, Aug 15th 8:54PM
 159,920,258	One to two a week or every other.	Monday, Aug 15th 9:14PM
 159,919,911	Sometimes i drink none but occassionally at parties i have say 4 glasses of wine and four beers in a period of six hours- love beer	Monday, Aug 15th 9:01PM
 159,919,771	Maybe one or two glasses of wine on Friday or Saturday.	Monday, Aug 15th 9:01PM
 159,918,558	When not in a flare I'll drink wine with friends at meal times or enjoy a been with my mates. But when flaring like now, I avoid alcohol completely.	Monday, Aug 15th 8:11PM
 159,918,312	I might have one drink a month just because I frequently have negative side effects afterwards.	Monday, Aug 15th 8:21PM
 159,918,093	3 beers per day	Monday, Aug 15th 8:15PM
 159,917,978	I used to drink beer, but now beer gives me headaches. Since UCers shouldn't take NSAIDs, the best thing for me is to not get headaches if I can help it.	Monday, Aug 15th 8:10PM
 159,917,783	I only drink maybe once a month.	Monday, Aug 15th 8:03PM
 159,917,345	Does not always agree with me. Not worth taking the risk.	Monday, Aug 15th 7:47PM
 159,917,260	1 or 2 drink every 6 months. 1 drink = 1 beer, 1 shot of liquor or 1 glass of wine	Monday, Aug 15th 7:37PM
 159,917,172	One is probably too much, I will only drink Bourbon on a weekend and usually every other weekend.	Monday, Aug 15th 7:27PM
 159,917,009	Have no desire to drink.	Monday, Aug 15th 7:31PM

 159,916,968	There are many weeks that I don't have any drinks but others if I go out with friends or entertain I may have more. I know if a flare is starting I can't have any.	Monday, Aug 15th 7:31PM
 159,916,371	I have had a 6 pk while watching a Yankee game. Some beers after work (especially in summer by pool). Not every day but 4 or 5 days/wk	Monday, Aug 15th 7:06PM
 159,916,134	I don't drink weekly, more like one or two drinks per month.	Monday, Aug 15th 7:08PM
 159,916,010	About three beers. Usually less.	Monday, Aug 15th 7:04PM
 159,915,805	It's generally on special occasions	Monday, Aug 15th 6:56PM
 159,915,034	I have one or two socially and one glass of wine at home some days.	Monday, Aug 15th 6:29PM
 159,914,928	Only occasionally.	Monday, Aug 15th 6:31PM
 159,914,753	Rare. As in 2 drinks a year tops.	Monday, Aug 15th 6:24PM
 159,914,481	I enjoy a glass of wine of around 200ml in The evening .	Monday, Aug 15th 5:59PM
 159,914,208	I may have a drink once or twice a year.	Monday, Aug 15th 6:09PM
 159,913,691	Average about 5/week. May have 2 on a Friday or Sat night	Monday, Aug 15th 5:37PM
 159,913,503	I used to have a class of Pino Noir on occasion	Monday, Aug 15th 5:48PM
 159,913,435	A couple of glasses of white wine	Monday, Aug 15th 5:43PM
 159,913,149	Usually weekends only. A few Friday then a few Saturday. Not every weekend though.	Monday, Aug 15th 5:20PM
 159,913,144	Actually only drink on social occasions...so 1 beer every two-three weeks.	Monday, Aug 15th 5:35PM
 159,912,883	2 glassers of red wine 3 days a week	Monday, Aug 15th 5:27PM
 159,912,790	I drink occasionally. Not very often once to three times a month on my dime.	Monday, Aug 15th 5:28PM
 159,912,674	I have said 0 per week as I dont drink too often. I feel as I get ill after drinking it's not worth it	Monday, Aug 15th 5:26PM
 159,912,635	Mostly 0 drinks a week but might have 5 or 6 if we go out- not often	Monday, Aug 15th 5:26PM
 159,912,634	Mostly 0 drinks a week but might have 5 or 6 if we go out- not often	Monday, Aug 15th 5:26PM
	A glass of wine during the week sometimes. mavbe one glass on Fridav night. and a couple on Saturday night if we go	Monday, Aug 15th

159,912,489	out.	5:24PM
159,912,361	I usually have five or six in one sitting. Two or three times a week.	Monday, Aug 15th 5:14PM
159,911,677	I may have a glass or two during the week.	Monday, Aug 15th 5:11PM
159,911,502	Alcohol makes my stomach hurt/burn so badly	Monday, Aug 15th 5:08PM
159,911,497	Couple nights a week.	Monday, Aug 15th 4:58PM
159,911,461	I would only drink every few months but when i do i over do it abit.	Monday, Aug 15th 4:52PM
159,911,440	Casual drinker only these days 1 here and there	Monday, Aug 15th 5:05PM
159,911,179	Class of red wine daily.	Monday, Aug 15th 4:59PM
159,911,038	That's how many glasses of wine I have.	Monday, Aug 15th 4:54PM
159,910,750	I only drink occasionally so on average is 0 a week	Monday, Aug 15th 4:47PM
159,910,679	I don't drink any alcohol.	Monday, Aug 15th 4:37PM
159,910,466	I drink mid streght beers	Monday, Aug 15th 4:36PM
159,910,280	I usually only drink 1 or 2 days out of the month due to my job a s a foster parent. I will have 2 -6 drinks in an evening over a 5 hr period	Monday, Aug 15th 4:32PM
159,910,079	I might have 5 drinks on a night out every couple of months	Monday, Aug 15th 4:28PM
159,909,924	Rarely:may be 1-2a month.	Monday, Aug 15th 4:24PM
159,909,626	On the weekends I have more drinks and only a couple on some week nights	Monday, Aug 15th 4:14PM
159,909,581	Sometimes none at all for weeks	Monday, Aug 15th 4:14PM
159,909,485	I very rarely drink alcohol now - once a month or less on average, but I could go 6 months without touching it.	Monday, Aug 15th 4:10PM
159,909,432	Only drink when being sociable but that's not very often with this illness	Monday, Aug 15th 4:10PM
159,909,197	Not had much remission for a while. Answer would be different if I could without paying for it .	Monday, Aug 15th 3:59PM
	I drink on weekends usually 6 beers and a shot or two	Monday, Aug 15th



159,909,046	I drink on weekends usually 6 beers and a shot or two.	3:57PM
159,909,026	Some weeks I have 0. Sometimes I'll have one or two, depends on my mood and social outings!	Monday, Aug 15th 3:46PM
159,908,839	I occasionally have G&T on a weekend but not every weekend, sometimes I go weeks or months with out any alcohol and just have a small glass at a celebration	Monday, Aug 15th 3:51PM
159,908,548	Maybe three glasses of wine on Friday Saturday and Sunday	Monday, Aug 15th 2:54PM
159,908,456	I do not drink every week, maybe four or five times a year at parties.	Monday, Aug 15th 3:35PM
159,908,447	1-2 nights out a week with a few drinks. This may be higher than some weeks where it is none.	Monday, Aug 15th 3:43PM
159,908,391	Get sick if more than the occasional one.	Monday, Aug 15th 3:38PM
159,908,369	I like to drink mostly beer and wine. I will usually have 2 beers after getting off from work. On the weekends I tend to drink more.	Monday, Aug 15th 3:28PM
159,908,062	I don't drink at all. It will make me flare up for sure. Any kind of alcohol will trigger a flare up.	Monday, Aug 15th 3:07PM
159,907,730	Drink x3 whisky and its OK..3x6 cl. If I drink x3 glass white wine = OK. If I drink x6 glass white wine = NOK fell very unsettled next day maybe a little blood.	Monday, Aug 15th 3:11PM
159,907,415	Basically on the weekends, 2 drinks max	Monday, Aug 15th 3:09PM
159,907,226	I have cut down during this latest flare as this is the worst flare I have had in over 25 years.	Monday, Aug 15th 3:11PM
159,906,943	Relax at weekend. Habit.	Monday, Aug 15th 2:58PM
159,906,910	I normally don't drink but sometimes the temptation gets in the way. Like birthdays and Christmas.	Monday, Aug 15th 3:04PM
159,906,876	Binge drink while partying. Very rarely have just one drink for the sake of it.	Monday, Aug 15th 3:01PM
159,906,818	2-3 glasses of wine 3x a week.	Monday, Aug 15th 3:02PM
159,906,678	Two (max) very small glasses of wine with dinner - at home with my husband. I enjoy it when not having u/c symptoms. I only have wine at home.	Monday, Aug 15th 2:53PM
159,906,510	I have stopped drinking altogether.	Monday, Aug 15th 2:49PM
159,906,470	I really try and save drinking any alcohol for special occasions, then, I'll try to only have 2 drinks max.	Monday, Aug 15th 2:53PM
159,906,462	When I drink, it's usually 4 or 5 drinks. This happens around once per month.	Monday, Aug 15th 2:50PM
	Socially	Monday, Aug 15th -----

159,906,446		2:54PM
	I have maybe 2 glasses of wine per week, but not always sometimes I will not have any at all!!	Monday, Aug 15th 2:47PM
159,906,319		
	I have a glass of wine every evening, occasionally 2 glasses.	Monday, Aug 15th 2:44PM
159,905,867		
	because its true	Monday, Aug 15th 2:38PM
159,905,752		
	Not every week but for summer with friends/family or special occasions...it is sometimes 0 and sometimes a few	Monday, Aug 15th 2:38PM
159,905,737		
	When I'm drinking I drink a lot, but more and more I am stopping for longer periods of time	Monday, Aug 15th 2:31PM
159,905,585		
	4 or 5 beers a day.	Monday, Aug 15th 2:27PM
15		
67		
159,905,480	I usually only drink during the weekend, but if I'm flaring then I will not drink at all.	Monday, Aug 15th 2:33PM
	any more than that would be very uncomfortable within a few hours however the beer I could handle 7 or 8 +++ over the course of an afternoon and evening.	Monday, Aug 15th 2:01PM
159,905,418		
	Usually a glass of wine before dinner, sometimes 2 glasses	Monday, Aug 15th 2:32PM
159,905,383		
	Usually one drink with supper. May have another in the evening.	Monday, Aug 15th 1:03PM
159,905,200		
	Drank on 3 occasions this year about 4 drinks	Monday, Aug 15th 2:25PM
159,905,155		
	I love wine and would drink it everyday but I think moderation is key when you have uc.	Monday, Aug 15th 1:57PM
159,904,819		
	I have a drink with my husband sometimes after work. Or we'll have some wine while cooking supper.	Monday, Aug 15th 2:16PM
159,904,768		
	I have a glass of wine with dinner on the weekend	Monday, Aug 15th 2:18PM
159,904,766		
	Work functions.	Monday, Aug 15th 2:16PM
159,904,704		
	In summer I often drink more. More social contacts, parties,... I do try to keep it in controll. Aftfer summer I drink very few alcohol. Lot of weeks no alcohol at all.	Monday, Aug 15th 2:10PM
159,904,642		
	Now I only have one drink when we go out socially which is once or twice a week.	Monday, Aug 15th 2:09PM
159,904,601		
	occasionally (but always at meal)	Monday, Aug 15th 2:10PM
159,904,504		
	I have 1-2 glasses of wine a night if I'm feeling ok. There have been times when I haven't drank for 2 months.	Monday, Aug 15th 1:35PM
159,904,474		
	I go out once a week and drink alcohol in moderation at that time. I do it to socialize. I am watching my weight as well as trying to keep my UC in check so just a couple drinks per week on the average.	Monday, Aug 15th 1:57PM

159,904,412



159,904,332

It depends on who I'm with. With my boyfriend, then closer to zero. With my roomies, closer to a few a night. So this is the average.

Monday, Aug 15th  
2:01PM



159,904,270

If I have a drink in a day, it is usually 2-3 that day, and I will drink 4-5 days/week.

Monday, Aug 15th  
2:04PM



159,904,210

Don't drink at home, the nelly when out for dinner so sometimes less than 1x per week

Monday, Aug 15th  
2:05PM



159,903,988

1 over the weekend

Monday, Aug 15th  
1:57PM



159,903,689

I have always had wine with my evening meal.

Monday, Aug 15th  
1:42PM



159,903,642

I drink a bottle or two of white wine st the weekend but don't drink in the week

Monday, Aug 15th  
1:50PM



159,903,574

I drink a few beers when practicing music with the guys. We got to where we started drinking more, and I started having blood in my stool. I stopped drinking and it took about a month to stop the blood in stool. So from now on, drinking moderately is key.

Monday, Aug 15th  
1:44PM



159,903,483

Weekend 2 Friday, 2 Saturday

Monday, Aug 15th  
1:48PM



159,903,159

My wife and I have at least one cocktail or beer after work each day, plus a few on the weekends.

Monday, Aug 15th  
1:35PM



159,903,152

I usually have at least 1 drink several times during the week.

Monday, Aug 15th  
1:35PM



159,903,114

Don't drink much

Monday, Aug 15th  
1:44PM



159,902,932

I don't drink every week. Maybe every couple of months.

Monday, Aug 15th  
1:39PM



159,902,896

Typically a glass or two of wine.

Monday, Aug 15th  
1:34PM



159,902,719

A sunday sesh watching football can turn out to be a heavy one depending on who is playing

Monday, Aug 15th  
1:32PM



159,902,581

Totally depends on time of year , could be weeks without alcohol in the winter

Monday, Aug 15th  
1:11PM



159,902,540

See above answer

Monday, Aug 15th  
1:30PM



159,902,539

I'm an occasional drinker, mainly over the weekend.

Monday, Aug 15th  
1:31PM



159,902,512

At best out two nights and three drinks per night.

Monday, Aug 15th  
1:31PM



159,902,382

Sometimes I will have About 8 drinks in one night maybe once every 2 months if that.( i will pay for it for about 2weeks,not worth it but I seem to still do it .





















Monday, Aug 15th  
1:21PM
























159,902,164





















Occasionally a glass of wine with dinner and then socially on the weekend with friends.






















Monday, Aug 15th  
1:20PM

 159,902,136	I usually have a glass of wine or two each night.	Monday, Aug 15th 1:24PM
 159,902,019	usually one day a week going out	Monday, Aug 15th 1:18PM
 159,901,842	I do not drink much. Some weeks i will have 1, some weeks 2 and some weeks none...	Monday, Aug 15th 1:18PM
 159,901,841	3 or 4 per day	Monday, Aug 15th 1:19PM
 159,901,614	I don't drink	Monday, Aug 15th 1:18PM
 159,901,552	Not every week. Don't really drink in the winter.	Monday, Aug 15th 1:08PM
 159,901,391	I usually have two beers on the weekend, and one shot of whiskey during the week.	Monday, Aug 15th 1:15PM
 159,901,373	But only wine; no hard liquor or beer.	Monday, Aug 15th 1:11PM
 159,901,333	Usually a glass of wine each night with dinner.	Monday, Aug 15th 1:14PM
 159,901,096	I'm an alcoholic	Monday, Aug 15th 1:09PM
 159,901,009	I quit drinking after my diagnosis. I occasionally will have a couple sips of beer, but that is rare, maybe at a German restaurant.	Monday, Aug 15th 1:04PM
 159,900,999	Sometimes 0 a week sometimes more than 3. Depending on what and how many social activities I attend	Monday, Aug 15th 1:05PM
 159,900,842	Two glasses of wine or beer per week. Sometimes I go weeks with nothing.	Monday, Aug 15th 1:00PM
 159,900,819	I drink red wine not every night but when I do it about 4 glasses	Monday, Aug 15th 1:01PM
 159,900,744	I don't really have a drink at home or after work anymore. I'll normally just enjoy a few drinks at the weekend if we go out for dinner or meet up with friends	Monday, Aug 15th 12:57PM
 159,900,740	we try to stay off it midweek, but then tend to blitz on w/e's!	Monday, Aug 15th 12:59PM
 159,900,643	Can't drink. I rather stay in remission than feeling horrible drinking alcohol	Monday, Aug 15th 12:07PM
 159,900,592	same reason as above	Monday, Aug 15th 12:54PM
 159,900,581	This is my usual, sometimes less but when I have an alcohol induced flare up it is because I have been drinking more than 2 per week. A bottle or two of wine a week over a two or three week period (i.e. holiday or vacation) will induce a flare for me.	Monday, Aug 15th 12:50PM
	I have a glass of wine on most Friday evenings with dinner and one other drink during the week	Monday, Aug 15th 12:50PM








159,900,484			
159,900,261		I have occasionally 1 drink, but probably less than once a month.	Monday, Aug 15th 12:50PM
159,900,213		1-2 hard ciders after work	Monday, Aug 15th 12:48PM
		1-2 hard ciders after work	Monday, Aug 15th 12:48PM
15 11 159,900,192		Explained above.	Monday, Aug 15th 12:40PM
159,900,082		See above	Monday, Aug 15th 12:33PM
159,900,061		I only drink once or twice a month and then only about 2 drinks at a time. I used to drink every weekend and wine occasionally during the week, but my UC prevents me from doing that.	Monday, Aug 15th 12:41PM
159,899,899		I will occasionally have a glass of wine with company, but prefer to stay away.	Monday, Aug 15th 12:43PM
159,899,831		Maybe 1 a month	Monday, Aug 15th 12:43PM
159,899,813		I do not use alcohol on a regular basis, but like to have some wine sometimes with dinner.	Monday, Aug 15th 12:37PM
159,899,728		Pregnant now but it was like maybe three a month max.	Monday, Aug 15th 12:39PM
159,899,596		I have a drink 2-3 days a week and the rest alcohol free	Monday, Aug 15th 12:36PM
159,899,556		Only when I go on holiday	Monday, Aug 15th 12:36PM
159,899,535		I quit drinking 16 months ago and have noticed a definite improvement with UC symptoms.	Monday, Aug 15th 12:31PM
159,899,510		I have to drink as much as possible as colitis drives me nuts.	Monday, Aug 15th 12:36PM
159,899,424		I dont drink very often I put 1 but I dont have one every day.	Monday, Aug 15th 12:28PM
159,899,329		At the weekend ide have a few cans of cider at home.	Monday, Aug 15th 12:26PM
159,899,325		I don't drink that much anymore because I don't like hangovers. I haven't had a drink in 7 months because I'm pregnant, but last year I averaged between 0-3 drinks a week. Not usually more then 2 a day.	Monday, Aug 15th 12:28PM
15^000^085		Might have a couple glasses of wine during the week. Then depending on weekend plans, often times have 3-4 in a night	Monday, Aug 15th 12:33PM
159,899,216		Three or four glasses of red wine a week	Monday, Aug 15th 12:29PM
159,899,200		I will typically drink 2-3 drinks on the weekend (Fri and Sat) and MAYBE a drink once during the week.	Monday, Aug 15th 12:31PM
		I have a couple of gin & tonics at night in he house but not every night. So an average of 5 per week?	Monday, Aug 15th

159,899,195	I have a couple of gin & tonics at night in the house but not every night so an average of 3 per week.	Monday, Aug 15th 12:30PM
159,899,170	2 glasses of wine each evening	Monday, Aug 15th 12:31PM
159,899,152	I know people tend to downplay their alcohol intake I have been honest here as I track what I drink this is average some weeks I don't drink at all if I think I need to give myself a detox etc	Monday, Aug 15th 12:27PM
159,899,151	Depends how work went	Monday, Aug 15th 12:30PM
159,899,144	I usually have 1 or 2 glasses of wine a couple days a week. Or beers if I'm boating.	Monday, Aug 15th 12:27PM
159,899,063	I do not like how I feel after i do have a drink	Monday, Aug 15th 12:28PM
159,899,061	Wine with dinner most nights of the week	Monday, Aug 15th 12:26PM
159,898,926	I'm not a big drinker	Monday, Aug 15th 12:16PM
159,898,904	This is an average - some weeks I wouldn't drink at all	Monday, Aug 15th 12:24PM
159,898,869	Average some weeks nothing	Monday, Aug 15th 12:24PM
159,898,846	I used to drink 3-5 drinks per day. I would drink 2 or 3 beers and a glass or 2 of red wine.	Monday, Aug 15th 12:24PM
159,898,827	It's summer and I go to patios more with friends so drinking has increased lol	Monday, Aug 15th 12:25PM
159,898,755	I tend to drink at weekends and when I socialise.	Monday, Aug 15th 12:16PM
159,898,716	I only drink occasionally now. Socially. Some weeks it might be 4 other weeks might be zero.	Monday, Aug 15th 12:20PM
159,898,697	Never been a drinker, even before I was diagnosed. Never really appealed to be honest. Only have something alcoholic to drink a couple of times a year.	Monday, Aug 15th 12:19PM
159,898,607	2 glasses of white per day, 3 on Saturdays.	Monday, Aug 15th 12:17PM
159,898,589	I maybe have a drink once a fortnight, it maybe a larger one than you'd get in pub.	Monday, Aug 15th 12:17PM
159,898,582	Only drink one night a week but would have a few while chatting and relaxing in the pub	Monday, Aug 15th 12:15PM
159,898,499	varies so much...I might have a glass of wine on Sat and Sun when my kids are visiting...in the summer I enjoy one or two frozen drinks made with Malibu while sitting around the pool on an afternoon, but only once or twice a week.	Monday, Aug 15th 12:14PM
159,898,467	I drink socially once a month.	Monday, Aug 15th 12:16PM
	I mostly drink in weekends out with friends or when I go out for dinner.	Monday, Aug 15th 12:14PM

159,898,457		12:14PM
	Since being diagnosed I've given up alcohol entirely as I've found it triggers my flare ups worse than anything else.	Monday, Aug 15th 12:11PM
159,898,435		
	Usually have 1-2 glasses of white wine with dinner	Monday, Aug 15th 12:15PM
159,898,399		
	I like a glass of wine with dinner on most nights, as well as a few beers throughout the week. I also have the occasional drink with gin (gin martini, gin and tonic).	Monday, Aug 15th 12:06PM
159,898,383		
	5-6 50ml pegs of whisky/vodka 4 times a week with water	Monday, Aug 15th 12:08PM
159,898,373		
	Currently, 2 glasses of wine per night.	Monday, Aug 15th 12:12PM
159,898,358		
	I often have a glass or two of wine per week with dinner.	Monday, Aug 15th 12:13PM
159,898,322		
	i play pool on Thursdays and Sunday is free pool lol. So it gets me out of the house and around people and usually about 5 drinks is all i can handle, and it doesnt seem to cause flare up.	Monday, Aug 15th 12:09PM
159,898,314		
	I have daily evening drink either wine or scotch	Monday, Aug 15th 12:10PM
159,898,296		
	I usually have 2 glasses of wine with my evening meal each day	Monday, Aug 15th 12:13PM
159,898,293		
	I drink once a year if I'm lucky	Monday, Aug 15th 12:13PM
159,898,286		
	I drink maybe 3-5 X per year 1-3 shots of tequila	Monday, Aug 15th 12:07PM
159,898,267		
	Nothing at the moment as I have been unable well since July.	Monday, Aug 15th 12:07PM
159,898,265		
	I had to,give up alcohol, as I was getting stomach cramps and it was making my symptoms worse.	Monday, Aug 15th 12:09PM
159,898,227		
	Because it's true	Monday, Aug 15th 12:07PM
159,898,212		
	My body is so sensitive to alcohol I can only drink one or two drinks a month.	Monday, Aug 15th 12:07PM
159,898,120		
	Can go for months without a drink, I always have been like this.	Monday, Aug 15th 12:06PM
159,898,088		
	I'll have a beer or two during the summer months.	Monday, Aug 15th 12:09PM
159,898,070		
	I tend to have a few drinks on Friday and/or Saturday	Monday, Aug 15th 12:06PM
159,898,039		
	I don't drink regular usually 2 drinks every 2 to 3 weeks thus my 1 drink a week answer	Monday, Aug 15th 12:06PM
159,898,019		
	I hardly EVER drink anymore. If I do, it's 1 drink at very big occasions, like a wedding.	Monday, Aug 15th 12:05PM
159,897,968		

 159,897,898	0-1	Monday, Aug 15th 12:06PM
 159,897,837	I dont drink anymore	Monday, Aug 15th 12:03PM
 159,897,781	1-2 ever couple months	Monday, Aug 15th 12:04PM
 159,895,197	Stopped drinking.	Monday, Aug 15th 11:11AM
 159,887,642	I like wine with dinner.	Monday, Aug 15th 9:13AM
 159,886,256	I drink only socially. Maybe a couple drinks every couple of weeks.	Monday, Aug 15th 8:48AM
 159,884,936	Drink a 30 pack of beer every weekend	Monday, Aug 15th 8:23AM
 159,884,540	I often have a glass of wine with dinner.	Monday, Aug 15th 8:19AM
 159,883,878	If your asking per week, yes. Some weeks zero. This is an average	Monday, Aug 15th 8:11AM
 159,883,294	I would drink more if it didn't make me bleed.	Monday, Aug 15th 8:00AM
 159,882,708	I use to drink a lot, but now it's not even close to being worth it.	Monday, Aug 15th 7:50AM
 159,881,823	Alcohol is likely to trigger problems with other health issues.	Monday, Aug 15th 7:20AM
 159,881,728	I drink alcohol very rarely	Monday, Aug 15th 7:28AM
 159,880,873	I'm more like 1-2 every 6 months on the rare social occasion	Monday, Aug 15th 7:09AM
 159,880,217	It's probably more like 1-2 per month, tops.	Monday, Aug 15th 6:48AM
 159,879,580	A few shots of blackberry brandy at bed time per day	Monday, Aug 15th 6:28AM
 159,878,667	I have a glass of wine maybe every 3 months or so. Wine seems to be the only alcohol that doesn't affect me. But again, only a glass.	Monday, Aug 15th 6:02AM
 159,877,568	Most weeks I don't drink, but occasionally I'll have one at a special occasion	Monday, Aug 15th 5:27AM
 159,876,703	I drink a beer or two every 3-5 months	Monday, Aug 15th 5:06AM
 159,875,156	I may have one alcohol beverage a month.	Monday, Aug 15th 4:22AM
 159,873,891	I am stating I have zero drinks per week right now because I'm in a flareup.	Monday, Aug 15th 3:34AM



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| <br>159,873,467 | 1 pro month  | Monday, Aug 15th<br>3:20AM |
| <br>159,873,236 | I try to only drink on weekends and limit myself to 2 or 3 in a day / evening  | Monday, Aug 15th<br>3:01AM |
| <br>159,872,835 | I feet it made my UC worse, so I now abstain.                                  | Monday, Aug 15th<br>2:53AM |
| <br>159,872,788 | I think drinking is bad for any illness .                                      | Monday, Aug 15th<br>2:51AM |
| <br>159,872,780 | Maybe once a month or two.   | Monday, Aug 15th<br>2:50AM |
| <br>159,872,180 | I don't drink.   | Monday, Aug 15th<br>2:35AM |
| <br>159,871,950 | Currently because of meds, before I might have a drink or two Every few weeks. | Monday, Aug 15th<br>2:25AM |